

ICS Pre-K to 3rd Grade Hot LUNCH MENU



FOUR SEASONS
food service management



Lunch Combo
Choice of one Entrée
served with side and
beverage

Small Combo \$8.50
small 8oz. drink of water,
juice or milk.
**Substitute side available
upon request*

A` la Carte Items

\$2.75
Fresh baked cookies
Ice cream
Hot soft pretzel
Bag Snacks \$2.50

Assorted beverages
\$1-\$2.75
Water, milk, juice,
Capri Sun, Snapple &
Gatorade

Pre Order
Available for
Salads & Wraps,
Gluten Free &
Vegetarian options
@fस्पreorder.com
Order the day before
after 3 pm
until 8:30 am. day of

Gluten Free
Select Items
Available Daily in

	Mon	Tue	Wed	Thu	Fri
Week 1 10/2			No Service 1/2 Day	Mac & cheese wedges or Chicken fries Served w/ fries	Pizza or Pasta w/light pink sauce Served w/ curly fries
Week 2 10/6	Chicken tenders or Pasta w/ Alfredo sauce Served w/ broccoli	Chicken nuggets Lo Mein Served w/ apple slices	Chicken quesadillas or Mac & cheese wedges Served w/ Spanish rice	Panini- Italian, or Popcorn chicken Served w/ tater tots,	Pizza or Mozzarella sticks Served w/ salad
Week 3 10/13	Chicken Tenders or Spaghetti w/butter sauce Served w/ mixed vegetables	Chicken nuggets or Pizza bites Served w/ Orange wedges	Chicken fries, or Macaroni & cheese Served w/ mashed potatoes	Hamburger/cheeseburger Or Grilled chicken wrap Served w/ smiley fries,	Pizza or Pasta w/light pink sauce Served w/ fries
Week 4 10/20	Corn dog nuggets or Fusilli pasta w/ butter sauce Served w/ tater tots,	Chicken nuggets or Taco Tuesday (beef) Served w/ Spanish rice	Popcorn chicken or Panini- Turkey & bacon Served w/ Fresh fruit	Crispy chicken sandwich or Pancakes with bacon Served w/ breakfast potatoes,	Pizza or Mozzarella sticks Served w/ fries
Week 5 10/27	Chicken tenders or Macaroni & Cheese Served w/ smiley fries	Chicken nuggets or Grilled cheese Served w/ tater tots,	Chicken Quesadillas or Mac & cheese wedges Served w/ Spanish rice	Popcorn Chicken or Hamburger/cheeseburger Served w/ French fries	Pizza or Pasta w/light pink sauce Served w/ curly fries

Menu begins with your schools corresponding first day of the month.
Please skip daily menu for school closings/ holidays & non- service days-
Refer to your school calendar
For Dietary or Allergy Questions email us @fourseasonsfsm@aol.com

visit us @Fourseasonsfsm.com

Featuring
Boar's Head
Brand
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